

**NBB Distance and Time Matrix (Standardised times DO NOT include traffic variations such as road works or congestion and are to be used as a guide only)**



Approx distance and time between key locations Miles hh:mm																										
	Alnwick Infirmary	Berwick Infirmary	Bishop Auckland General Hospital (BAGH)	Blyth Community Hospital	Cherryburn Unit, Newcastle General Hospital (CAV)	Cramlington Specialist Emergency Care Hospital (NSECH)	Darlington Memorial Hospital (DMH)	Freeman Hospital	GNAAS - Durham Tees Valley	Haltwhistle War Memorial Hospital	Hexham General Hospital (HGH)	James Cook University Hospital (JCH)	Morpeth Walton	NHS Blood and Transplant, Barrack Road (NHSBT, BTS)	North Tyneside General Hospital (Rake Lane, NTGH, NTYNE)	Nuffield Hospital Jesmond	Queen Elizabeth Hospital Gateshead (QEH)	Rothbury Community Hospital	Royal Victoria Infirmary, Leazes and New Victoria (RVI)	Sedgefield Community Hospital	South Tyneside District Hospital (STDG)	Spire Hospital Washington	Sunderland Royal Hospital (SRI)	University Hospital North Durham (UHND)	Wansbeck General Hospital (WGH)	
Alnwick Infirmary		31m 00:37	64m 01:11	29m 00:40	34m 00:38	30m 00:34	70m 01:15	31m 00:38	34m 01:26	72m 01:10	31m 00:52	73m 01:20	19m 00:25	34m 00:37	34m 00:40	34m 00:37	37m 00:44	13m 00:22	34m 00:38	61m 01:05	39m 00:50	43m 00:47	44m 00:54	50m 00:57	23m 00:30	
Berwick Infirmary	31m 00:37		94m 01:45	59m 01:14	64m 01:13	59m 01:10	100m 01:47	61m 01:12	102m 01:58	95m 01:43	80m 01:27	103m 01:55	48m 01:00	63m 01:12	64m 01:14	64m 01:13	67m 01:20	38m 00:54	64m 01:13	91m 01:39	68m 01:25	73m 01:22	74m 01:30	80m 01:33	53m 01:05	
Bishop Auckland General Hospital (BAGH)	64m 01:11	94m 01:45		48m 01:03	31m 00:43	40m 00:56	12m 00:22	33m 00:50	18m 00:34	50m 01:07	35m 00:50	26m 00:38	45m 00:55	31m 00:45	35m 00:53	31m 00:45	27m 00:28	62m 01:20	31m 00:45	11m 00:18	31m 00:43	21m 00:31	24m 00:41	13m 00:26	50m 01:02	
Blyth Community Hospital	29m 00:40	59m 01:14	48m 01:03		15m 00:30	6m 00:14	50m 01:05	12m 00:22	57m 01:10	49m 01:00	34m 00:34	52m 01:06	11m 00:23	15m 00:29	10m 00:22	14m 00:17	17m 00:35	30m 00:47	14m 00:29	41m 00:55	17m 00:33	28 00:38	23m 00:39	30m 00:49	7m 00:14	
Cherryburn Unit, Newcastle General Hospital (CAV)	34m 00:38	64m 01:13	31m 00:43	15m 00:30		9m 00:20	37m 00:47	3m 00:10	38m 00:51	35m 00:43	20m 00:27	43m 00:53	15m 00:21	0.5m 00:03	10m 00:22	2m 00:07	5m 00:15	31m 00:44	1m 00:05	28m 00:35	11m 00:25	10m 00:18	15m 00:27	17m 00:27	17m 00:28	
Cramlington Specialist Emergency Care Hospital (NSECH)	30m 00:34	59m 01:10	40m 00:56	6m 00:14	9m 00:20		45m 00:56	7m 00:14	50m 01:00	44m 00:50	29m 00:34	46m 00:55	11m 00:15	9m 00:19	7m 00:13	8m 00:19	12m 00:27	28m 00:38	9m 00:21	39m 00:45	12m 00:24	22m 00:28	17m 00:30	28m 00:39	9m 00:13	
Darlington Memorial Hospital (DMH)	70m 01:15	100m 01:47	12m 00:22	50m 01:05	37m 00:47	45m 00:56		39m 00:52	8m 00:19	61m 01:20	46m 01:10	18m 00:30	51m 00:57	37m 00:47	41m 00:57	38m 00:48	33m 00:41	37m 01:21	14m 00:47	14m 00:21	37m 00:46	38m 00:34	31m 00:43	24m 00:33	27m 01:04	
Freeman Hospital	31m 00:38	61m 01:12	33m 00:50	12m 00:22	3m 00:10	7m 00:14	39m 00:52	42m 00:59		38m 00:50	23m 00:34	44m 00:54	13m 00:21	3m 00:07	8m 00:17	2m 00:08	6m 00:15	29m 00:45	3m 00:10	31m 00:42	10m 00:23	13m 00:25	16m 00:28	20m 00:35	15m 00:22	
GNAAS - Durham Tees Valley	72m 01:26	102m 01:58	18m 00:34	57m 01:10	38m 00:51	50m 01:00	8m 00:19	42m 00:59		60m 01:10	58m 01:10	14m 00:21	53m 01:05	39m 00:55	48m 01:00	39m 00:55	34m 00:48	70m 01:28	39m 00:55	13m 00:24	44m 00:51	29m 00:41	38m 00:45	26m 00:41	60m 01:10	
Haltwhistle War Memorial Hospital	66m 01:10	95m 01:43	50m 01:07	49m 01:00	35m 00:43	44m 00:50	61m 01:20	38m 00:50	60m 01:10		17m 00:23	79m 01:27	47m 00:50	37m 00:46	48m 00:57	38m 00:46	42m 00:52	43m 01:08	37m 00:46	62m 01:08	50m 01:02	45m 00:51	50m 01:02	47m 01:02	52m 00:57	
Hexham General Hospital (HGH)	50m 00:52	80m 01:27	35m 00:50	34m 00:34	20m 00:27	29m 00:34	46m 01:10	23m 00:34	58m 01:10	17m 00:23		32m 00:46	32m 00:35	22m 00:20	33m 00:41	23m 00:30	27m 00:37	33m 00:53	22m 00:31	47m 00:53	35m 00:46	30m 00:36	35m 00:56	32m 00:46	37m 00:41	
James Cook University Hospital (JCH)	73m 01:20	103m 01:55	26m 00:38	52m 01:06	43m 00:53	46m 00:55	18m 00:30	44m 00:54	14m 00:21	79m 01:27	32m 00:46		54m 01:03	43m 00:52	42m 00:52	41m 00:42	39m 00:45	71m 01:26	42m 00:52	18m 00:24	28m 00:45	36m 00:42	33m 00:39	29m 00:42	54m 01:04	
Morpeth Walton	19m 00:25	48m 01:00	45m 00:55	11m 00:23	15m 00:21	11m 00:15	51m 00:57	13m 00:21	53m 01:05	47m 00:50	32m 00:35	54m 01:03		14m 00:20	15m 00:22	15m 00:20	18m 00:30	17m 00:29	15m 00:20	42m 00:46	20m 00:28	25m 00:28	25m 00:38	32m 00:38	8m 00:16	
NHS Blood and Transplant, Barrack Road (NHSBT, BTS)	34m 00:37	63m 01:12	31m 00:45	15m 00:29	0.5m 00:03	9m 00:19	37m 00:47	3m 00:10	39m 00:55	37m 00:46	22m 00:30	43m 00:52	14m 00:20		9m 00:20	2m 00:07	5m 00:17	31m 00:43	1m 00:04	28m 00:35	11m 00:28	10m 00:18	16m 00:28	17m 00:27	17m 00:28	
North Tyneside General Hospital (Rake Lane, NTGH, NTYNE)	34m 00:40	64m 01:14	35m 00:53	10m 00:22	10m 00:22	7m 00:13	41m 00:57	8m 00:17	48m 01:00	48m 00:57	33m 00:41	42m 00:52	15m 00:22	9m 00:20		7m 00:17	12m 00:25	32m 00:45	8m 00:19	31m 00:43	8m 00:20	14m 00:25	13m 00:25	21m 00:35	16m 00:22	
Nuffield Hospital Jesmond	34m 00:37	64m 01:13	31m 00:45	14m 00:28	2m 00:07	8m 00:19	38m 00:48	2m 00:08	39m 00:55	38m 00:46	23m 00:30	41m 00:42	15m 00:20	2m 00:07	7m 00:17		4m 00:12	32m 00:45	2m 00:06	30m 00:40	10m 00:20	9m 00:18	14m 00:22	18m 00:30	16m 00:24	
Queen Elizabeth Hospital Gateshead (QEH)	37m 00:44	67m 01:20	27m 00:28	17m 00:35	5m 00:15	12m 00:27	33m 00:41	6m 00:15	34m 00:48	42m 00:52	27m 00:37	39m 00:45	18m 00:30	5m 00:17	12m 00:25	4m 00:12		35m 00:55	5m 00:12	23m 00:30	8m 00:18	6m 00:12	11m 00:20	13m 00:22	20m 00:35	
Rothbury Community Hospital	13m 00:22	38m 00:54	62m 01:20	30m 00:47	31m 00:44	28m 00:38	68m 01:21	31m 00:45	70m 01:28	43m 01:08	31m 00:53	70m 01:26	47m 00:29	33m 00:43	32m 00:45	35m 00:55			32m 00:45	59m 01:15	36m 00:55	41m 00:55	36m 01:00	48m 01:05	22m 00:40	
Royal Victoria Infirmary, Leazes and New Victoria (RVI)	34m 00:38	64m 01:13	31m 00:45	14m 00:29	1m 00:05	9m 00:21	37m 00:47	3m 00:10	39m 00:55	37m 00:46	22m 00:31	42m 00:52	15m 00:20	1m 00:04	8m 00:19	2m 00:06	5m 00:12	32m 00:45		28m 00:45	11m 00:20	10m 00:18	14m 00:24	17m 00:30	17m 00:28	
Sedgefield Community Hospital	61m 01:05	91m 01:39	11m 00:18	41m 00:55	28m 00:45	39m 00:45	14m 00:21	31m 00:42	13m 00:24	62m 01:08	47m 00:53	18m 00:24	42m 00:46	28m 00:43	31m 00:43	30m 00:40	23m 00:30	59m 01:15	28m 00:40		28m 00:35	18m 00:24	24m 00:35	15m 00:22	47m 00:55	
South Tyneside District Hospital (STDG)	39m 00:50	68m 01:25	31m 00:43	17m 00:33	11m 00:25	12m 00:24	37m 00:46	10m 00:23	44m 00:51	50m 01:02	35m 00:46	28m 00:45	20m 00:31	11m 00:28	8m 00:20	10m 00:18	8m 00:18	36m 00:55	11m 00:20	28m 00:35		10m 00:18	10m 00:17	17m 00:26	21m 00:35	
Spire Hospital Washington	43m 00:47	73m 01:22	21m 00:31	28 00:38	10m 00:18	22m 00:30	38m 00:34	13m 00:25	29m 00:41	45m 00:51	30m 00:36	36m 00:42	25m 00:28	10m 00:18	14m 00:25	9m 00:18	6m 00:12	41m 00:55	10m 00:18	18m 00:24	10m 00:18		8m 00:16	8m 00:14	30m 00:40	
Sunderland Royal Hospital (SRI)	44m 00:54	74m 01:30	24m 00:41	23m 00:39	15m 00:27	17m 00:30	31m 00:43	16m 00:28	38m 00:45	50m 01:02	35m 00:46	33m 00:39	25m 00:38	16m 00:28	13m 00:25	14m 00:22	11m 00:20	42m 01:00	14m 00:24	24m 00:35	10m 00:18	8m 00:16	14m 00:24	26m 00:24	40m 00:40	
University Hospital North Durham (UHND)	50m 00:57	80m 01:33	30m 00:26	30m 00:49	17m 00:27	28m 00:39	24m 00:33	20m 00:35	26m 00:41	47m 01:02	32m 00:46	29m 00:42	32m 00:38	17m 00:27	18m 00:35	13m 00:30	13m 00:22	48m 01:05	17m 00:30	15m 00:22	17m 00:26	10m 00:14	14m 00:24	37m 00:50		
Wansbeck General Hospital (WGH)	23m 00:30	53m 01:05	50m 01:02	7m 00:14	17m 00:28	9m 00:13	27m 01:04	15m 00:22	60m 01:10	52m 00:57	17m 00:41	54m 01:04	8m 00:16	20m 00:28	16m 00:22	16m 00:24	22m 00:35		17m 00:28	47m 00:55	30m 00:35	40m 00:40	40m 00:40	37m 00:50		